


CURRICULUM VITAE

1. Personal Data:

Name:	Marwa Mohamed Essam Eldine Abd El Monium Hussien	
Date of birth:	20/6/1982	
Nationality:	Egyptian	
Civil status:	Married and have 2 Childern	
Mobile:	+201005147784 +201274094876	
E-Mail:	marwa_essam20@yahoo.com	

2. Education:

Institutions:	Faculty of Veterinary medicine Alexandria university
Date:	1999-2004
Degree:	B.Sc in Veterinary medicine
Institutions:	High institute of public Health Alexandria university Nutrition Department
Date:	Sep 2005-July 2006
Degree:	Diploma in Health care and public Health
Institutions:	High institute of public Health Alexandria university Nutrition Department
Date:	Sep 2006-May 2010
Degree:	Master in Nutrition and Food safety
Institutions:	High institute of public Health Alexandria university Nutrition Department
Date:	Sep 2010-2015
Degree:	Ph D in Nutrition and Food Safety
Institutions:	Cambridge University
Date:	2016-2017
Degree:	Master Business Administration

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3. Occupation:

Lecturer and consultant of Nutrition and Food safety at the Arab Academy for Science, Technology and Maritime Transport and currently **Acting Director** of the Maritime Hotel Institute of the Arab Academy of Technology and Maritime Transport and lecturer of the courses related to nutrition, safety and food quality at the Institute.

4. Work Experience:

September 2016 – Present, Director of maritime Hospitality institute, Arab Academy for Science, Technology & Maritime transport.

Fixed guest on Nile TV, Naharak saeed Program 2020- present, talking about different nutrition and food safety habits and issues.

2013 – 2016 Lecturer of Nutrition, Food Safety, Quality Control in Production and Quality Institute, Arab Academy for Science, Technology & Maritime transport

April 2009 – 2013 Food safety specialist, Nutrition Department, Arab Academy for Science, Technology and Maritime transport.

Program introducer October 2011- 2013 on El Fateh TV, program is about food safety and un hygienic habits done through food preparation and how to overcome

- Worked in El Shomou Company for poultry production as veterinarian responsible for vaccination programs and laboratory analysis; 2004-2005
- Worked at High institute of Public Health – Alexandria University, as Food Safety specialist, food microbiologist and lecturer in the institute since **2005-2009**
- Food Safety Consultant in Shehefa Casings Company; 2006-2009
- Training in Microbiology Laboratory in Ras El Tean Navey Hospital.
- Training in pharco pharmaceutical Factory.
- Training in Siklame factory for Milk Production & milk products.
- Training in different abattoirs for tracing Hygienic problems and how to control.
- Teaching courses about food safety and Food Contaminants in El Mabara Company.

Courses and Conferences that was attended:

- Speaker in the 7th International Conference “ Artificial Intelligence and Future of education and research in the Arab World”. The Lecture title” Nutrition and its Applications in Artificial Intelligence” El Mansoura University at: 29 July 2024.
- Chairperson in effect of Nanotechnology and its applications on Home Economics at Faculty of Agriculture; Department of Home economics, Alexandria University. At 22 February 2024.
- Speaker in the 9th International Conference of Food Industries and Nutrition Research Institute “Innovation in Nutrition and Food Sustainability” National Research Center

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Giza; Egypt. The Lecture title” Biological study to evaluate the effect of Arabic gum intake on kidney failure rats” at: 23 October 2023.

- Speaker in Climatic changes and home economics symposium at Faculty of Agriculture; Department of Home economics, Alexandria University. The Lecture title” Climatic Changes and its effect on human attitude and mood” this was at; 8 March 2023.
- Under the auspices of His **Excellence President Abdel Fattah El Sisi**; president of Arab republic of Egypt : attended the parade of college of Maritime transport during the celebration of the Golden jubilee of Academy Foundation and honored by presence of Arab Ministers of Transport ; 21th November 2022.
- Participation of Nutrition workshop at DIAEGYPT 22; October 2022
- Attendance of Nutrition and Metabolism Debates and updates conference ; October 2022
- Attendance of **World Heart day work shop with collaboration of Faculty of Medicine Alexandria University; at Arab academy foe science technology and maritime transport, Aboukir campus, 27th of October 2022.**
- **Participation of the work shop International Future Day March 2022 in collaboration with academy of scientific research and technology.**
- **Speaker in** Conference of Faculty of Agriculture Alexandria University, The 6th international conference of home economics the speak title “ **Application of food safety systems on food sectors “ February 2022**
- **Organizer and head of judgment commotion of creative chef competition**, held on Arab academy foe science technology and maritime transport, waboor el Maia branch, at December 2020.
- Oral presentation, recognition and research participation to the **12th International conference on tourism, hospitality and heritage, February 2020.**
- **Participation in the activities of the conference of Alliance Board Cardio Metabolic at February 2020.**
- **Speaker on International Conference on Food, Nutrition Security and Sustainable Agriculture** to be held in Grand Nile Tower Hotel, Cairo Egypt on 1 - 3 December, 2019. The Topic of speak was " **Innovative Food Technology for Redistributed Manufacturing**"
- Attendance of the world Maritime Day on September 2019, Empowering women in the Maritime Community, under the honor and attendance of Minister of transport.
- Participation in EAEDA- ENDO, Endocrinology and diabetes conference September 2019.
- Participation with students of Maritime hospitality Institute in the competition of cooking organized by High institute of Abokir for Hospitality and Tourism September 2019.
- **Chairperson at NutriAlex ENHCA 7th Annual conference**, “Nutrition Hot topics updates and Debates in every Day practice, june 2019.

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- **Speaker** in the 2nd international Jordanian conference of Nutrition 2019 and obesity surgery, April 2019, Amman, Jordan, the topic was "**Nutrition of Infants and Young Toddlers: A Responsive Parenting Approach**"
- Participation with students of Maritime hospitality Institute in the competition of cooking organized by EGOH institute and awarded with the 2nd prize March 2019.
- Marlog 6, 7, 8 since 2016 till 2019, Towards Global Competitiveness in Maritime Industry " Investing In Ports" the trends the Future, under the honor and attendance of Minister of transport.
- Participation of the conference of Arabic Women working in Marine sector October 2017, organized by International Maritime Organization (IMO) and Minister of transport under the honor of Minister of Transport and Secretary General of Arab League.
- Certified for Internal Audit 9001 science 2013.
- Lead Auditor 22000 Food safety Management system IRCA approved June 2013.
- Certified for Awareness with third party lead audit BRC 2012.
- Member in poultry science organization and attend its annual conference since 2009 – present
- Attendance of Jubilee conference organized by High Institute of Public Health – Alexandria University, 2007.
- Participation and organization of conference of Nutrition of Healthy woman with cooperation with world Health Organization (WHO) 2008.

5. Language Skills:

Language	Writing	Understanding & Speaking
Arabic	Native	Native
English	Excellent	Excellent
French	Very Good	Good

6. Personal Skills:

- Computer Skills:
 - Windows, office Vista and office XP (MS Word, Excel, PowerPoint and project management)
 - Awareness of Minitab
- Leadership skills
- Presentation Skills
- Communication Skills
- listening, influencing & Negotiation
- Leading and coordinating Team work

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- Deliver knowledge in deferent learning styles through teaching courses in Food Hygiene (Milk and Meat Hygiene) and Food Microbiology, Receiving and storage of raw material, Fish Disease, Food quality Control, Communication skills in medical environment, nutrition in hospitality environment.
- Ability to give clear instructions for practical activities to provide supportive feedback and coach in

7. List of Publication:

Marwa Essam, M Fawzi, and H El Degree, “ **Assessment of risk factors associated with Avian Influenza in Alexandria**, published in Poultry science Magazine, Egypt, January 2011.

M. Mohamedy, Marwa Essam, and A. El Kashlan, “ **A proposed Food Safety Management Frame Work for Catering Services**” Proceedings of the 1st International Conference on food industry, Agriculture and Applied Chemistry, Porto, Portugal (FIAAC12). Published by WSEAS press ISBN: 978-1-61804-105-0 July 1-3, 2012 pp. 140-144. Also in Food Safety Magazine, e:DIGEST, July 2012.

S. Elsayed, M. Essam, "**Microbiological Evaluation of Sauces in Fast Food Restaurants Chains and Independent Fast Food Restaurants: Study case the city of Alexandria**. 12th International conference on tourism, hospitality and heritage, Fayoum Egypt; February 2020.

M. Essam , H. El-hendy ,N. Abo-elnaga and S. Ahmed : **Nutritional Issues Concerning Street Foods .under working and data analysis** Alexandria Science Exchange Journal 2021.

Microbiological detection of salmonella Spp on shell of table eggs with evaluation of External and Internal quality of Chicken in table eggs. In progress with collaboration with Faculty of Agriculture Monefoia University.

Preparation of Gluten Free Biscuits from Quinoa, Rice and Chickpeas for Celiac Disease Patients. Alzahraa M. Motawei1 ; M. M.Hussien2 and Eman A. Yousef. Journal of Food and Dairy Sciences, J. of Food and Dairy Sci., Mansoura Univ., Vol., 13 (3):41-45, 2022.

Biological study to evaluate the effect of intake Flaxseed Oil on Kidney Failure Rats. Ahmed S.M, Abo El Naga N. I, Hussien M. M, Bedier A. M, Article 12, volume 43, Issue 2, March 2022, page 9-19. Alexandria science exchange journal.

Effect of Feeding Diabetic Rats on Breadsticks Fortified with Psyllium Seed Powder. Marwa A. Ahmes, Eman A. Youssef and Marwa M. Hussien, Asian Journal of food Research and Nutrition; volume 2, issue 2, pages 1-9; Article on AJFRN.96141.

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8. List of Supervision:

1- Master degree of science in quality management, Arab Academy for Science, Technology and Maritime Transport Productivity and Quality Institute. The Title of the thesis is "Assessing the effectiveness of implementation of the international food safety management standard ISO22000/2005 in poultry processing at Aquatic food processing company in Saudi Arabia"

2-Master degree of Agriculture sciences at home economics, Faculty of Agriculture, University of Alexandria. The Title of the thesis is "A biological study to evaluate the effect of taking flaxseed oil and Arabic gum on mice inducing kidney failure"

3- Master degree of Agriculture sciences at home economics, Faculty of Agriculture, University of Alexandria. The Title of the thesis is "Health and Nutrition effect of fennel and Saga plant on obese rats".

4- Master degree of Public Health Science, High Institute of Public Health Alexandria University. The Title of the thesis is "Evaluation of Gluten Free Biscuits using Different Mixtures of Sorghum and chickpea"

5- Master degree of Agriculture sciences at home economics, Faculty of Agriculture, University of Alexandria. The Title of the thesis is" Use a Mixture of Legumes and Grains to prepare meat products and their alternatives".