2.3.2 Students Hunger Interventions

2024/2025

AASTMT provides direct, practical interventions to prevent and alleviate hunger among its students: free meals for full-scholarship students, subsidized or free meal plans for low-income students living in the campus residences, and free communal meals for students during Ramadan.

Free Meals for Full-Scholarship Students

Students on full scholarships eat free at AASTMT's campus restaurants, so those at greatest nutritional risk have guaranteed access to daily meals. At the Abu Kir campus, dorm residents receive three meals a day: breakfast (7:00 to 8:30), lunch (12:45 to 15:00, with a late sitting 16:00 to 17:00) and dinner (18:30 to 20:30).

Free meals for students with scholarships:
Free meals for students with scholarships on AASTMT Website

Subsidized and Free Meal Plans for Low-Income Students in Residence

Students from low-income backgrounds who live in the on-campus residences receive subsidised or free meal plans, which removes a regular cost from their monthly budget and protects them from food insecurity during their studies. In the year 2024/2025, a total of 302 students (198 students in the fall semester, and 104 in the spring semester) benefited from social support in the main campus in Abo Qir.

Student Support Data:
Student Support Data on AASTMT Website

Ramadan Iftar, Department of Cultural and Social Activities

The Department of Cultural and Social Activities, under the supervision of the Deanship of Student Affairs, organized a collective Ramadan Iftar at the Academy's Abu Qir campus on the 20th of March 2025 during the holy month of Ramadan. The event featured traditional Ramadan decorations, and artistic performances, along with serving free iftar meals to students.



Student Activities – Ramadan Iftar:
Student Activities – Ramadan Iftar on AASTMT Website

Ramadan Iftar and Student–Leadership Engagement

The Deanship of Student Affairs at AASTMT's Miami campus organized a collective Ramadan Iftar on March 12th, 2025, bringing together students from the Faculties of Management and Technology, Language and Mass Communication, and the Department of Tourism and Hospitality. Attended by senior academic leadership, including Dr. Mohamed Abu El-Ezm and Dr. Ahmed Khalifa, and organized with the support of the Student Union, the event served students with free iftar meals, and fostered social interaction, cooperation, and stronger relationships between students and Academy leadership, promoting a sense of community and belonging on campus.



Student Activities – Ramadan Iftar:
Student Activities – Ramadan Iftar on AASTMT Website

Annual Ramadan Staff & Students Suhoor Celebration

Continuing the celebrations during the holy month of Ramadan, the Deanship of Student Affairs organized the Academy's annual Suhoor celebration at the Miami campus, attended by the Academy President, Prof. Dr. Ismail Abdel Ghaffar, senior academic leaders, faculty members, and Student Union representatives, on March 12th, 2025, same day as the Miami Iftar Event. The event featured Ramadan songs performed by the Academic Choir and various entertainment activities. It also provided opportunities for direct interaction between students and Academy leadership, strengthening communication, social cohesion, and students' sense of belonging to the Academy community.



Student Activities – Ramadan Suhoor Event:
Student Activities – Ramadan Suhoor Event

Future Plans for Community Initiatives

Looking ahead, the Academy aims to expand its community engagement initiatives by organizing Orphan Day celebrations at campuses beyond Alexandria, building on the success of this year's events. It also plans to continue distributing Ramadan meals through student-led teams while systematically documenting the number of meals provided and the partners involved. Furthermore, the Academy will strengthen its collaboration with food banks and charitable organizations to ensure the continued provision of meals and gifts during community events, reinforcing its commitment to social responsibility, community solidarity, and sustainable impact.