2.3.5 Staff Hunger Interventions

2024-2025

At the Alexandria campuses (Abu Qir and Miami), AASTMT passes surplus food to campus support workers, sells staff meals at supply cost and hands out campus-grown dates to staff free of charge. It also gives staff discounts at partner restaurants and held communal Ramadan Suhoor and Iftar events for staff and students in March 2025.

Lokmet Kheir (Eat Smart, Waste Less): Surplus Food for Support Workers

Under the Lokmet Kheir (Eat Smart, Waste Less) programme and the Academy's Consumption and Recycling Policy, safe and untouched food from cafeterias and official events is packed and passed to campus support workers and to nearby community members in need.

AASTMT Consumption and Recycling Policy (SDG 12):
https://www.aast.edu/en/sdg/goals.php?unit_item=1212&page_id=121200027

Spring 2025 SDG 2 Activation Day and Lokmet Kheir Surplus Food Redistribution Report (PDF):
https://aast.edu/getData/pdf_retreivefileNew_open.php?unit=1212&filename=/mediafiles/1212/Document/149983.pdf

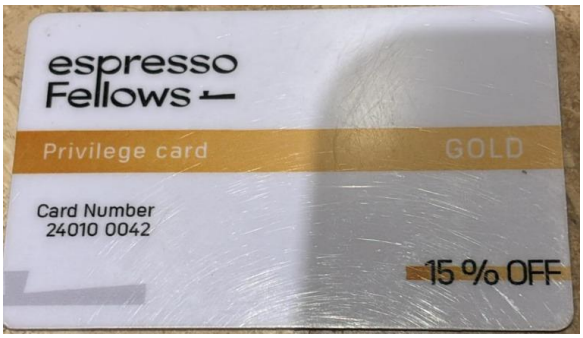


Lokmet Kheir (Eat Smart, Waste Less) food redistribution campaign

Staff Meals at Supply Cost

Staff can buy a Gold privilege card from Espresso Fellows that takes 15% off for AASTMT staff. In the campus dining halls and cafeterias, AASTMT calculates meal prices based on actual supply costs without adding profit margins.

AASTMT Catering and Restaurant Services: https://aast.edu/en/affairs/student-affairs/contenttemp.php?page_id=48600009



Espresso Fellows privilege card: 15% off for AASTMT staff



Staff and students in an AASTMT campus dining hall

Free Distribution of Campus-Grown Dates to Staff

Dates from the palms on the Abu Qir campus, along with seasonal fruit, are harvested, packed in boxes and handed to staff free of charge.

Campus Date Harvest, Abu Qir:
https://www.aast.edu/en/sdg/goals.php?unit_item=10119&page_id=101190007



Date-palm harvest on the AASTMT campus



Boxed dates and fruit handed to staff

Restaurant Discounts for Staff (10% to 15%)

Staff who show proof of AASTMT employment receive 10% to 15% off at partner restaurants, including Abdel Wahab Village (10%), Sheraton Al Montazah (15%) and Pizza Hut.

AASTMT Staff Discount Partners (PPR):
https://aast.edu/en/services/ppr/contenttemp.php?page_id=48400016

Restaurant

Place	Address	Discount	Comments
Abdel Wahab Village	Down Town	10%	
Abou Ashraf (Fish Resturant	Down Town Cairo Branch	15%	
Tao Asian Restaurant	Kafr Abdou	12%	
China House	San Stefano	10%	
	Green Plaza Mall	10%	
Onbashilar (Turkish Restaurant)	Zuwil Square Wabour El Maya	10%	
Sea Gull	El Maks	15% +12% Service	
Sheraton Al Montazah Hotel Restaurant & Cafes	Al Montazah	15%	
Hilton Green Plaza Hotel Restaurants	Green Plaza Mall	10%	

Partner restaurant discounts for AASTMT staff

SDG 2 Activation Day (Spring 2025)

At the Spring 2025 SDG 2 (Zero Hunger) Activation Day, academic staff, administrative employees and campus service staff received free meals at five stations: Build a Healthy Plate; a plant-based Make Your Own Salad Bar; a Protein Station; a Healthy Fats Station with nuts and Egyptian dates; and Fruit, Fuel Your Future.

Spring 2025 SDG 2 Activation Day Report (PDF):
https://aast.edu/getData/pdf_retreivefileNew_open.php?unit=1212&filename=/mediafiles/1212/Document/149983.pdf

Staff Ramadan Suhoor and Iftar Events, March 2025

In March 2025 the Deanship of Student Affairs and the Department of Cultural and Social Activities organised the Annual Staff and Students Ramadan Suhoor at the Miami campus, followed by collective Iftars at Miami and at Abu Qir (20 March 2025). On 24 March 2025 the El Alamein campus hosted a staff and leadership Iftar attended by the AASTMT President and senior academic leaders, faculty, administrative staff and support workers.

Staff and Leadership Ramadan 2025 Iftar, El Alamein Campus (24 March 2025):
https://aast.edu/en/news/news-details.php?language=1&unit_id=1&news_id=486104218&event_type_id=1



Staff and Students Ramadan Suhoor, Miami campus, March 2025



Collective Iftar with the AASTMT President, Abu Qir campus, 20 March 2025