

2.3.5 Staff Hunger Interventions

2023-2024

AASTMT demonstrates strong commitment to staff food security through comprehensive programs addressing nutrition, affordability, inclusivity, and community engagement. Initiatives include discounted meals, diverse menu options, dietary accommodations and community dining, and alignment with sustainability and wellness goals, advancing SDG 2: Zero Hunger while supporting dignified employment and institutional excellence. This is done through multiple efforts:

Discounted Meals & Cafeteria Services

The Academy partners with campus and local dining facilities to offer tiered meal discounts (5–30%), ensuring affordable access for all staff. For instance, “Espresso Fellows” offers special 15% discount cards for staff members on campus to get their daily breakfast, snacks and coffee at a lower price. Also, local sourcing supports regional producers and sustainability, minimizing environmental impact. Dining facilities serve ~900 staff daily with balanced macronutrient and micronutrient meals across extended hours.



Food Safety & Quality Assurance

AASTMT enforces strict hygiene, sanitation, and food safety protocols, including staff training, separate preparation areas, and regular audits. Feedback mechanisms ensure consistent quality, nutritional standards, and program affordability.

Health & Productivity Benefits

Access to nutritious meals reduces diet-related disease risk, supports immune function, energy, and improves staff performance, and mental well-being. Staff free from hunger stress demonstrate higher productivity, lower absenteeism, and better professional performance, generating institutional return on investment.

Partnerships with Dinners

Collaborations with multiple dining partners promote variety, service quality, and offer discounts to staff members inside and outside the campuses as well. Multiple discounts from restaurants across Egypt are offered to staff members upon providing their employability proof, such as Abdel Wahab Grills, Pablo Café and Restaurants, Pizza Hut, and others.

Restaurant

Place	Address	Discount
Abdel Wahab Village	Down Town	10%
Abou Ashraf (Fish Restaurant)	Down Town Cairo Branch	15%
Tao Asian Restaurant	Kafr Abdou	12%
China House	San Stefano	10%
	Green Plaza Mall	10%
Onbashilar (Turkish Restaurant)	Zuwil Square Wabour El Maya	10%
Sea Gull	El Maks	15% +12% Service
Sheraton Al Montazah Hotel Restaurant & Cafes	Al Montazah	15%
Hilton Green Plaza Hotel Restaurants	Green Plaza Mall	10%

Place	Address	Discount
Tika Chicken	Sharawy Street Green Plaza Mall	10%
Trianon	Raml Station Branch	15% for more than the minimum charge (35 LE)
Pizza Hut	45 Street Al Asafrah only Al Akbal branch	Special Meal for 55 LE Special Meal for 35LE for more than 25 persons Birthdays and events
Pablo Cafe & Restaurant	All branches	10% for more than the minimum charge special price for birthday cake
Marciano Restaurant & Cafe	All branches	10% discount
Arous Dameshk Restaurant	Al Asafrah	10%
Flukiger Pastery	All branches	10%

[Partnerships with Dinners](#) on AASTMT webpage