

# 3.3.4 Sexual and Reproductive Health Care Services for Students

#### 2023-2024

Medical services in all fields are easily accessible for students and staff members including sexual and reproductive health care within gynecology and obstetrics clinics. AASTMT organizes frequent events to ensure awareness and health education.

## Awareness of Sexually transmitted Diseases (2023)

#### **National HIV Day**

June 27th is the national HIV testing day. A day that emphasizes the importance of testing HIV to know your status, protect yourself, and keep yourself healthy with precautionary measures.







National HIV Day on AASTMT webpage
National HIV Day on facebook
National HIV Day on facebook

#### **AIDS Awareness Event**

Join us on the third Sunday of May to light a candle and remember the many lives lost to AIDS, and to honor those who dedicated their lives to helping people living with and affected by HIV. Let's spread love and solidarity to build stronger communities and end HIV stigma and discrimination.



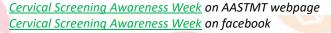
<u>AIDS Awareness Event</u> on AASTMT webpage <u>AIDS Awareness Event</u> on facebook



### **Cervical Screening Awareness Week**

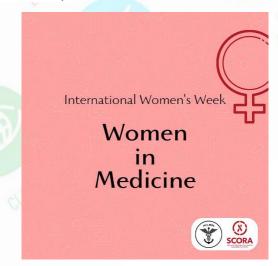
Cervical screening awareness week is an annual event that takes place to raise awareness about the importance of cervical screening for women's health. Regular screenings can save lives, by the avoidance of different sexual and reproductive diseases like; syphilis, so let's encourage all the women to prioritize their well-being.





#### **Women in Medicine Event**

Women have practiced medicine since antiquity even before the professionalization of modern medicine. Be it herbal remedies, alternative medicine, or midwifery, they have proved their natural roles as caregivers time and again, despite more numbers of men in the profession since ancient times. The history of women in medicine is long and wide, starting in ancient Greece till the present day.



<u>Women in Medicine Event</u> on AASTMT webpage <u>Women in Medicine Event</u> on facebook



## Sexual and Reproductive Health Awareness Sessions (2024):

## Training at Obstetrics and Gynecology (OB-GYN) Hospitals

Alex Sydney Hospital and Agial hospitals hosted our medical students from the AAST College of Medicine for their summer training. Each program ran for eight consecutive weeks, from July 15 to September 15. The hospital staff exemplified dedication and professionalism, providing top-tier healthcare services and setting a standard of commitment. We look forward to continued success and collaboration.





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## Awareness Sessions on Family Planning and Gender-based Violence

School of medicine organized an insightful SCORA session on family planning, touching on pregnancy coercion and how it ties into gender-based violence. It's important that everyone has the freedom to make their own choices without pressure.



<u>Awareness Sessions on Family Planning and gender-based Violence</u> on AASTMT webpage <u>Awareness Sessions on Family Planning and gender-based Violence</u> on facebook

#### Racial Discrimination Awareness

Racial discrimination or Xenophobia is still a reality in our communities' schools and workplaces Today we speak up because silence is not an option The united nations recognizes this fight and so should we respect and equality must be more than just words.

<u>Racial Discrimination Awareness</u> on AASTMT webpage <u>Racial Discrimination Awareness</u> on AASTMT webpage <u>Racial Discrimination Awareness</u> on facebook



## Awareness of the Negative Impact of Female Genital Mutilation (FGM) on Female Health

FGM is an outdated practice that should be stopped in the modern world. It is a harmful practice that violates the human health, rights and dignity of millions of people around the world. In this session Karim Hashem, our LORA spoke about FGM and its effects on women and girls.



<u>Awareness of the Negative Impact of Female Genital Mutilation (FGM) on Female Health</u> on facebook <u>Awareness of the Negative Impact of Female Genital Mutilation (FGM) on Female Health</u> on facebook

## Period Poverty as a Healthcare Crisis

AASTMT medical help raise awareness of period poverty, a worldwide problem that denies millions of women and girls' access to basic menstruation supplies. The stigma must end, and everyone must have access to the services they require.

Period Poverty as a Healthcare Crisis on facebook



#### **Menstrual Hygiene Management**



<u>Menstrual Hygiene Management</u> on AASTMT we<mark>bpage</mark> <u>Menstrual Hygiene Management</u> on facebook

#### Female Hysteria

AASTMT Medical students raise awareness about the ongoing struggles women face in accessing medical justice, including the stigmatization of 'Female Hysteria'.

Female Hysteria on facebook

#### **Suture Training**

AASTMT School of medicine has organized an interactive training on the different suture techniques.

Suture Training on facebook

#### Sexual Assault Awareness

These are just a few of the hurtful comments victims often hear. As a community, we must truly listen to them with open hearts and without judgment. Many have endured so much that their minds resorted to erasing memories just to survive.

Sexual Assault Awareness on facebook