



Training Course Information Form

Course Information

Course Name:	Self-Management and Performance Evaluation (M89)			
Institute/Centre:	Port Training Institute	Course Code:		
Type:	<input checked="" type="checkbox"/> Program	<input type="checkbox"/> Course	<input type="checkbox"/> Workshop	
Course Duration:	<input checked="" type="checkbox"/> 5 Days	<input type="checkbox"/> 3 Days	<input type="checkbox"/> 1 Days	<input type="checkbox"/> Other
Course Conducted:	<input checked="" type="checkbox"/> Local	<input type="checkbox"/> International	Indicate: A.R.E	
Course Venue:	Anywhere			
Course Language:	<input type="checkbox"/> English	<input type="checkbox"/> Arabic	<input checked="" type="checkbox"/> Both	<input type="checkbox"/> Other

Course Description

Course Outlines

1. Self-Concept: Formation, Development
2. Personality Patterns: Cultivating Positive Self-Esteem
3. Reciprocal Relationship Analysis Method - Self-Evaluation Steps
- 4.
- 5.
- 6.

Course Objectives:

- The program aims to activate and develop participants' human skills in a way that enhances their performance in various fields. This is achieved by self-awareness of their capabilities in dealing with different patterns, gaining understanding, as well as the ability to recognize the factors contributing to self-affirmation."

Course Includes:	<input checked="" type="checkbox"/> Theoretical	<input type="checkbox"/> Fire Training Module	<input type="checkbox"/> Laboratory
	<input type="checkbox"/> Workshop	<input type="checkbox"/> Site Visit	

Course Prerequisites: Not Required

Who Should Attend: All Departments

No. of Participants/Course:	<input checked="" type="checkbox"/> 5-10	<input type="checkbox"/> 10-15	<input type="checkbox"/> 15-20	<input type="checkbox"/> Other
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Qualifications of Participants:

- At least Average: University degree

No. of Lecturer:	<input checked="" type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 5
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No. of Assistance:	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
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Course Facilities

White Board V. Projector Data Show PC Manual
 Books Handouts Flip Charts S/W Other

Course Evaluation

Written Examination Written Report(s) Oral Presentation Attendance
 Delegates Participation

Certificate Issue:

Local Premises AASTMT International

Course Registration

Admission and Registration

Department at the Port

Training Institute

Registration:

Beside Gate No. 27 - Outside

Customs Area, Alexandria

Port

Online

Other

Documents Required:

Registration Form

ID/Passport
Copy

Photo